

Allergens and Ingredients

IN YOUR LOAF

Please note: nuts and seeds are used in our bakery, including sesame seeds, so we cannot guarantee that any of our products are free of these items.

Allergens are highlighted in bold>.

Ledbury Loaf / Rolls / Baguette

Organic Strong White **Wheat** Flour, Yeast, Water, Sea Salt.

Rosemary & Cheddar Breadsticks

Organic Strong White **Wheat** Flour, Yeast, Water, Sea Salt, Rosemary, Mature Cheddar (**Milk**).

Malthouse 'Granary' Loaf / Rolls / Baguettes

Organic Light Malthouse **Wheat** Flour, Yeast, Water, Sea Salt.

Malvern Sour

Organic Strong White **Wheat** Flour, Dark Rye Flour and Stoneground Wholemeal **Wheat** Flour, White **Wheat** Levain, Malvern Spring Water, Sea Salt.

Seeds A'Plenty Sour

Organic Strong White **Wheat** Flour, Dark Rye Flour and Stoneground Wholemeal **Wheat** Flour, White **Wheat** Levain, Malvern Spring Water, Sea Salt, Toasted Sunflower Seeds, **Sesame Seeds**, Linseeds.

Walnut Sour

Organic Strong White **Wheat** Flour, Dark Rye Flour and Stoneground Wholemeal **Wheat** Flour, White **Wheat** Levain, Malvern Spring Water, Sea Salt, Toasted **Walnuts**.

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Prune & Pumpkin Seed Sour

Organic Strong White *Wheat* Flour, *Dark Rye* Flour and Stoneground Wholemeal *Wheat* Flour. White *Wheat* Levain, Malvern Spring Water, Sea Salt, California Prunes, Toasted Pumpkin Seeds.

Spelt and Honey Sour

Organic White *Wheat* Spelt Flour and Whole-*Wheat* Spelt Flour, White *Wheat* Spelt Levain, Herefordshire Honey, Toasted Sunflower Seeds, Malvern Spring Water, Sea Salt.

Spelt Sour

Organic White *Wheat* Spelt Flour and Whole-*Wheat* Spelt Flour, White *Wheat* Spelt Levain, Malvern Spring Water, Sea Salt.

Wholemeal

Organic Stoneground Wholemeal *Wheat* Flour, Strong White *Wheat* Flour, Yeast, Water, Orange Juice, Rapeseed Oil, Sea Salt.

Milk Sandwich Loaf

White *Wheat* Flour, Yeast, *Milk*, Syrup, Sea salt.

Ciabatta

Organic Ciabatta *Wheat* Flour and Strong White *Wheat* Flour, Extra Virgin Olive Oil. Water, Yeast, Sea Salt.

Nutty Butty Sour

Organic Strong White *Wheat* Flour and Light Malthouse *Wheat* Flour, *Rye* Levain, Malvern Spring Water, Sea Salt, Toasted *Walnuts*, Wye Valley Brewery's Butty Bach (contains *sulphur dioxide*).

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Rosemary & Raisin Sour

Organic Strong White *Wheat* Flour, White *Wheat* Levain, Malvern Spring Water, Olive Oil. Honey, Rosemary, Raisins, Sea Salt.

A Ryeful Loaf

Organic Dark and Medium *Rye* Flour, *Rye* Levain, Treacle, Malt Extract, Water, Sea Salt.

Polish Rye

Organic Medium *Rye* Flour and Strong White *Wheat* Flour, *Rye* Levain, Yeast, Malt Extract, Honey, Water, Caraway Seeds, Sea Salt.

Brioche Burger Buns

White *Wheat* Flour, Sea Salt, Caster Sugar, White *Wheat* Levain, *Milk*, *Egg*, *Unsalted Butter*, Yeast, *Sesame Seeds*, Poppy Seeds.

Soft White Rolls

White *Wheat* Flour, Sea Salt, Caster Sugar, White *Wheat* Levain, *Milk*, *Egg*, *Unsalted Butter*, Yeast.

Vegan Buns

White *Wheat* Flour, Sea Salt, Caster Sugar, White *Wheat* Levain, Oat Milk, Sweetened Soya Milk, Yeast, Rapeseed Oil, *Sesame Seeds*.

English Breakfast Muffins

White *Wheat* Flour, Sea Salt, Caster Sugar, White *Wheat* Levain, *Milk*, Water, Rapeseed Oil, Yeast.

Crumpets

White *Wheat* Flour, *Milk*, Water, Sea Salt, Rapeseed Oil, Sugar, Yeast, Bicarbonate of Soda.

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Sunshine Tea Loaf

Organic Ciabatta *Wheat* Flour, White *Wheat* Levain, Fresh Pulped Orange, Raisins, Raspberry Tea, Toasted Sunflower Seeds, Water, Yeast, Sea Salt.

Apple & Cinnamon Loaf

White *Wheat* Flour, Sea Salt, Honey, Vanilla Extract, *Egg*, *Milk*, Water, *Unsalted Butter*, Yeast, Dried Apple, Sultanas, Cinnamon, Lemon Zest, Orange Zest.

Tea Cakes

White *Wheat* Flour, Sea Salt, Caster Sugar, Mixed Spice, Yeast, *Milk*, Water, *Unsalted Butter*, Sultanas, Currants, *Egg*.

Hot Cross Buns

White *Wheat* Flour, Sea Salt, Honey, Vanilla Extract, *Egg*, *Milk*, Water, *Unsalted Butter*, Yeast, Dried Apple, Sultanas, Mixed Spice, Lemon Zest, Orange Zest.

Chelsea Buns

White *Wheat* Flour, Sea Salt, Yeast, *Milk*, Water, *Egg* and Golden Syrup. Filling: Dark Muscovado Sugar, Caster Sugar, *Unsalted Butter*, Lemon Juice, Nutmeg, Ginger, Cinnamon, Currants, Sultanas.

Chocolate & Praline Almond Sour

Organic Strong White *Wheat* Flour, Cocoa Powder, White *Wheat* Levain, Malvern Spring Water, Sea Salt, Honey, Chocolate Chips (contains *Milk*) and Praline *Almonds* (Sugar, Water, Cinnamon, *Almonds*).

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IN YOUR PASTRIES

Croissants

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt.

Pain au Chocolat

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt, Dark Chocolate (48% cocoa minimum): Sugar, Cocoa Paste, Cocoa *Butter*, Natural Vanilla Flavour.

Pain au Raisin

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt, Raisins, Rum, Cinnamon.

Almond Croissants

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt, *Ground Almonds*, Vanilla Essence, *Flaked Almonds*.

Chocolate Custard Cruffin

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt. Chocolate Custard: Light Brown Sugar, Cocoa Powder, 50% & 70% Chocolate Callets, Cinnamon, Sea Salt.

Parma Ham, Caramelised Onion & Cheddar Danish

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt. Parma Ham (Pork Leg, Salt), Mature Cheddar (*Milk*), Caramelised Onion (Onions, *Butter*, Salt, Pepper, Rosemary, Red Wine Vinegar)

Butternut Squash, Feta & Sage Danish

Organic White *Wheat* Flour, *Milk*, *Egg*, Sugar, *Butter*, Yeast, Water, Sea Salt. Butternut Squash, Feta (*Milk*), Caramelised Onion (Onions, *Butter*, Salt, Pepper, Rosemary, Red Wine Vinegar).

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Pear & Frangipane Tart

Plain *Wheat* Flour, *Butter*, Sugar, Sea Salt, *Egg*. Pear, Water, *Ground Almonds*, Vanilla Essence, *Flaked Almonds*.

Rhubarb Bakewell Tart

Plain *Wheat* Flour, *Butter*, Sugar, Sea Salt, *Egg*. Rhubarb, Water, *Ground Almonds*, Vanilla Essence, *Flaked Almonds*.

Vegan Croissant

Organic White *Wheat* Flour, Oat Milk, Sugar, Organic Vegan Block (Shea, Coconut, Rapeseed & *Almond*) Yeast, Water, Sea Salt.

Vegan Almond Croissant

Organic White *Wheat* Flour, Oat Milk, Flax Seed, Sugar, Organic Vegan Block (Shea, Coconut, Rapeseed & *Almond*), Yeast, Water, Sea Salt, *Ground Almonds*, Vanilla Essence, *Flaked Almonds*.

Vegan Chocolate Cruffin

Organic White *Wheat* Flour, Oat Milk, Sugar, Organic Vegan Block (Shea, Coconut, Rapeseed & *Almond*) Yeast, Water, Sea Salt.

Chocolate Custard: *Almond* Milk, Flax Seed, Sugar Cornflour, Organic Vegan Block (Shea, Coconut, Rapeseed & *Almond*), 70% Chocolate Callebaut Drops.